



29 JUNE - 3 JULY 2025

SUPERBOWL

SUN CITY

SOUTH AFRICA

WWW.BATTLEOFTHEGIANTS.CO.ZA

**AFRICAN CHAMPIONSHIP**

STREET DANCE, PERFORMING ARTS & DISCO DANCE

**BATTLE OF THE GIANTS**

ALL-STYLES DANCE SPORT FESTIVAL



# COMPETITION RULES

The **IDO African Championship – Battle of the Giants 2025** open dance championship will be governed under the *Dance Sports Rules & Regulations* of the International Dance Organization (IDO) for the following Dance Disciplines:

### Performing Arts

- Tap
- Modern & Contemporary
- Lyrical
- Show Dance
- Jazz
- Ballet & Repertoire
- Acro
- Improvisation

### Street Dance

- Hip Hop
- Popping
- Breaking
- All-Styles Battles
- Street Dance Show
- Production

### Disco Dance

- Disco Dance
- Disco Freestyle
- Disco Slow

A copy of the 2025 IDO Rules can be found at this link: [2025 IDO Dance Sports Rules & Regulations](#)

You will find:

- Rules pertaining to specific Dance Disciplines
- Age groups
- Performance Time Limits
- Number of participants for groups/formations/productions
- Music and Prop Information
- Lifts/Acrobatics information
- And MORE!

Rules & Regulations for sections unique to the **IDO African Championship – Battle of the Giants** event can be found below for:

- African Solo Champion
- 1on1 AfroStyles Battles
- AfroFusion
- Crews

# AFRICAN SOLO CHAMPION

previously known as Solo Adult Achiever

The Adult Solo Achiever is our most decorated section of the event whereby competitors take part to win the title of the ultimate Giant in an improvisation showdown. With the transformation of our event, this section will be renamed to the "AFRICAN SOLO CHAMPION," a prestigious title relevant to the event.

Winner (only) of the following categories:

Adult (17&Over)	Male & Female	Solo	Hip Hop
			Breaking
			Street Dance Show
			Tap
			Modern & Contemporary
			Jazz
			Show Dance
			Disco Freestyle

How it will work:

- Once competitors have won their respective categories within the BOTG competition, they will be required to confirm with the competition Supervisor at the event, whether they wish to participate in the AFRICAN SOLO CHAMPION section.
- Competitors will be split into heats to perform a 1:00 minute improvisation performance to a selected piece of music, the adjudicators will eliminate down to eight competitors (entry dependent).
- The eight finalists will draw random numbers to determine the order of performance.
- Once finalists have drawn numbers, all finalists will have ONE chance to listen to the mixed production of music. Dancer #1 will have time to listen to the 1-minute mix one more time, prior to performing. All other finalists will be securely kept in our backstage soundproof room. While finalist #1 is performing, finalist #2 will be allowed out of the room and onto the stage, to sit facing the back of the stage, allowing their 1 minute to listen to the mix while the previous finalist is performing. This will continue until all finalists have performed.
- Judges will score in order of merit to decide our ultimate AFRICAN SOLO CHAMPION.

Rules:

- Only winners of the respective sections are eligible to participate in the AFRICAN SOLO CHAMPION.
- 2nd place is not eligible to participate should 1st place be unable/unwilling to participate.
- Should the same dancer win multiple solo sections across/within the disciplines, they will decide on which discipline they wish to represent. 2nd place will again, NOT replace the winner in this circumstance.
- Competitors are allowed variate out of their selected style to adapt to the music. Competitors are allowed to make use of handheld props except for any powder, liquid, flammable and/or dangerous objects/materials.
- Competitors may not remove any items of clothing during a performance.
- their feet!

### Rules:

- Only winners of the respective sections are eligible to participate in the AFRICAN SOLO CHAMPION.
- 2nd place is not eligible to participate should 1st place be unable/unwilling to participate.
- Should the same dancer win multiple solo sections across/within the disciplines, they will decide on which discipline they wish to represent. 2nd place will again, NOT replace the winner in this circumstance.
- Competitors are allowed to vary out of their selected style to adapt to the music.
- Competitors are allowed to make use of handheld props except for any powder, liquid, flammable and/or dangerous objects/materials.
- Competitors may not remove any items of clothing during a performance.

### Judging Criteria:

Adjudicators will assess performances and score according to the TCIS marking system.

- TECHNIQUE – Show your versatility according to the music!
- CHOREOGRAPHY – Take your skills to the next level!
- IMAGE – Confidence is the name of the game!
- SHOW – Let's get the Superbowl on their feet!

Scores will be collated and placings determined by our scrutineer.  
The judge's decision is final.

Performance duration: 1:00 minute mix by DJ.

# **AFROSTYLES 1-ON-1 BATTLES (Street Dance)**

Categories: Solo  
Age Groups: Junior (15 & under)      Adult (16 & over)

## **Format**

### **Showcase Round:**

Competitors will be grouped in heats of 3-4 competitors to do a 2x 30second showcase performances.

### **Battle Round:**

Competitors will battle 1-on-1 for 3x 40second rounds per competitor. Heat groups, and Battle's will be determined by the number of competitors entered.

## **General Rules**

**Dance Style:** Performances must be primarily Afro styles, which incorporates dance styles under the umbrella of African street dance styles ie. Sbhujwa, Pantsula, Punta, Mapouka, Bikutsi, Mapiko, Marrabenta, Bongo Flava (Taarab), Mbalax etc.

**Music:** Will be DJ's choice, predominantly Afrobeat or other African-inspired genres.

**Props:** No props allowed.

## **Judging Criteria**

**Technical Skill:** Dancers will be evaluated on their technical proficiency, including strength, flexibility, balance, and control.

**Performance Quality:** Judges will assess the dancer's stage presence, energy, expression, and overall performance quality.

**Creativity and Originality:** Dancers will be rewarded for their unique choreography, innovative movement combinations, and personal interpretation of Afro styles.

**Musicality and Rhythm:** Dancers must demonstrate a strong connection to the music and accurately execute the rhythms and grooves of the Afro styles demonstrated.

# AFROFUSION (Performing Arts)

Categories: Solo                      Group (3-8 members)  
Age Groups: Children              Junior (13-16yrs)                      Adult (17yrs+)

## General Rules

### Dance Style:

Performances must be primarily AfroFusion, which is a fusion of African dance styles with contemporary dance forms.

### Music:

Music must be predominantly Afrobeat or other African-inspired genres.

### Costume:

Costumes should reflect the spirit of AfroFusion and can incorporate traditional African elements or modern fashion.

### Props:

Limited props may be used.

Time Limit: Solo                      1:30-2:00 minutes.  
                  Group                      2:00-2:30 minutes

## Judging Criteria

**Technical Skill:** Dancers will be evaluated on their technical proficiency, including strength, flexibility, balance, and control.

**Performance Quality:** Judges will assess the dancer's stage presence, energy, expression, and overall performance quality.

**Creativity and Originality:** Dancers will be rewarded for their unique choreography, innovative movement combinations, and interpretation of AfroFusion.

**Musicality and Rhythm:** Dancers must demonstrate a strong connection to the music and accurately execute the rhythms and grooves of the AfroFusion style.

## **CREWS (Street Dance)**

**Categories:** Small Group (3-8 members)  
**Age Groups:** Children Junior (13-16yrs) Adult (17yrs+)

### **General Rules**

#### **Dance Style:**

Performances must be primarily street dance, which includes Afro Styles, Hip Hop, Breaking, Popping, Locking, House, Waacking, Vogue, Krump, Dancehall etc.

#### **Music:**

Music must be appropriate and as per competition rules and regulations.

#### **Costume:**

Costumes should reflect the image of the crew and/or performance and should be authentic to street dance culture.

#### **Props:**

No props may be used.

**Time Limit:** Crew 2:00-3:00 minutes

### **Judging Criteria**

#### **Technical Skill:**

- The crew's ability to execute movements with precision and maintain synchronized timing throughout the routine.
- The technical proficiency of each dancer within the crew, including strength, flexibility, balance, and control.
- The crew's ability to seamlessly transition between different formations and maintain visual appeal.

#### **Performance Quality:**

- The crew's ability to command the stage with confidence, energy, and charisma.
- The crew's ability to connect with and engage the audience.

#### **Creativity and Originality:**

- The uniqueness and originality of the crew's choreography, incorporating innovative movement combinations and styles.
- The crew's ability to seamlessly blend different street dance styles (e.g., Hip Hop, Breaking, Popping, Locking) into their routine.
- The originality and execution of the crew's overall concept or theme.

#### **Musicality and Rhythm:**

- The crew's ability to interpret and respond to the music with dynamic movement and rhythmic precision.
- The crew's ability to highlight and accentuate the musicality of the piece through their movements.
- The crew's ability to capture the essence and groove of the music.